

# The Next Chapter



## *A faith-based support network for women who are widowed*

The Next Chapter Network is about encouraging and empowering widows to move forward into a positive future.

Through support we:

- Gain strength from our common bond
- Courage to face the future
- Develop new friendships
- Participate in social time together
- Develop our faith connection

***This group is not a bereavement support group and is not intended to replace the Bereavement Support Group at St. Mary's Church.***

Meetings are held on the 4<sup>th</sup> Tuesday of each month (September to November, March to June)

**Time: 2:00 to 3:30 pm  
St. Mary's Parish  
St. Joseph's Room**



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